

CREATING IMPACT & MAKING A DIFFERENCE.

The mission of Youth Services is to promote the social and emotional well-being of children and youth.

We believe every child should grow up happy, healthy, and with hope.



Dear Friends,

Thank you for ensuring another year of growth and mission-driven work for Youth Services. Our programs continue to deliver for the families we serve, our excellent staff has grown, and we have expanded our reach to ever-growing demands in the northern suburbs of Chicago.

Every day we are reminded of the demand for mental health support for children and adolescents in our community. Whether for depression, anxiety, bullying, school stressors, familial conflict, or suicidal ideation, our highly qualified staff responds with a variety of services to determine how best to work with each child's needs and resources. Most importantly, no child or family is ever turned away based on ability to pay thanks to the support of our committed donors.

Thanks to you, our 2017 fiscal year was an incredible period of strategic partnerships, strengthened focus on development and outreach efforts, and strong fundraising growth — all imperative steps while we continue to focus on our vision to be the center of collaborative social-emotional support for children and youth. With your partnership, we are laying the groundwork for programs that will make a difference for many years to come.

With appreciation,



Amy O'Leary, LCSW
Executive Director



A YEAR OF IMPACT

Here are a few examples of the many positive outcomes we have experienced this year.



1254

children and families counted on us in 2016



3816

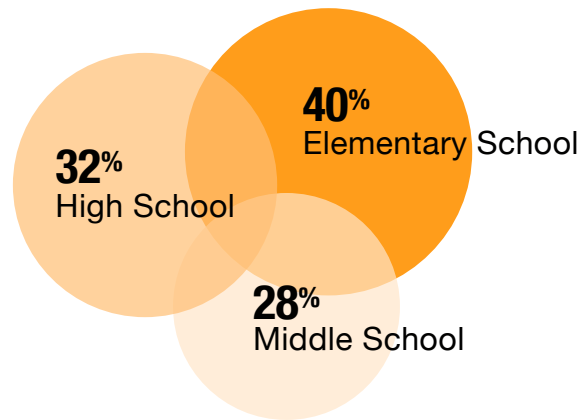
hours of service provided to area youth



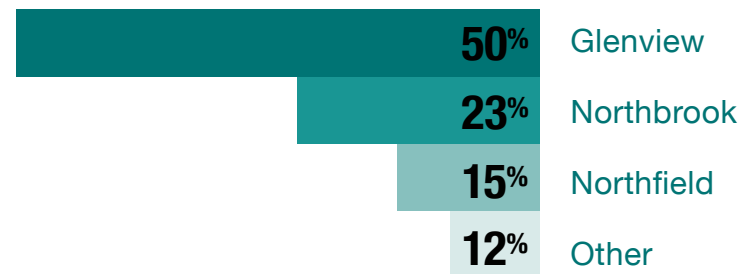
\$210,000

in scholarships provided to agency clients

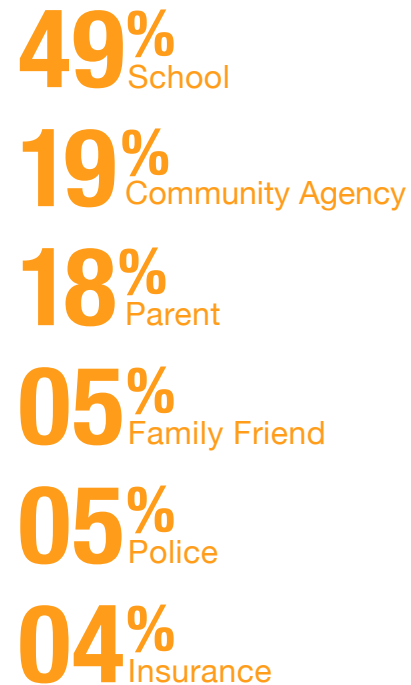
Age



Community



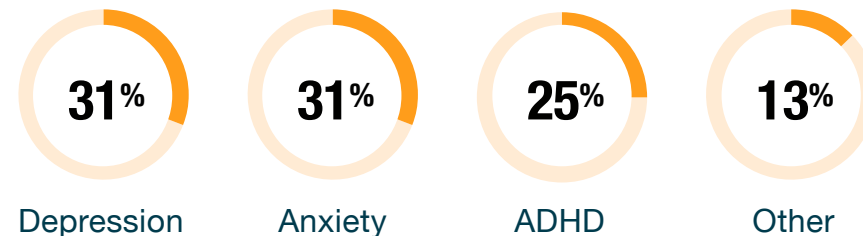
Referral Source



Race



Diagnosis



OUR PROGRAMS

Every child is unique, and so is the approach we take in treating our clients. Our services fall on a spectrum ranging from early intervention to crisis response and are provided in a safe and therapeutic environment. By working with insurance companies and offering a sliding fee scale, care is provided to families of all means.

“you walk in
and it’s a
happy place.”



INDIVIDUAL COUNSELING

Licensed therapists provided counseling to children struggling with depression, anxiety, bullying, familial stressors, grief and loss, and suicidal ideation. Oftentimes and when appropriate, activities including art, music, and play therapy are utilized in sessions to help develop a rapport and progress towards meeting the goals of treatment.



mental health disorders are the most common issues faced by our nation's school-aged children'

173
youth **received**
2,738 hours
of individual therapy

SUPPORT GROUPS

With the guidance of our therapists, group therapy promotes interaction, empathy and support. Participants discover that they are not alone and this process can help them to feel positive, hopeful and empowered. Dialectical behavior therapy, Teen Girls Process, and a Spanish Speaking Mother's Support Group were provided in 2017, and were made possible by the generous support of the *Jean Paul Ohadi Memorial Foundation*.



11% of youth have a mood disorder²

39
individuals participated in
144 hours
of group support

CRISIS INTERVENTION

School therapists call Youth Services on a weekly basis for help in assessing students who are exhibiting suicidal ideation and other at-risk behaviors. This year, these on-site crisis services were provided at Glenbrook North, Glenbrook South, Loyola Academy, Niles West, and Niles North High School.

We are only a phone call away.



suicide is the 3rd leading cause of death in youth ages 10-24³

55 youth
received
138 hours
of crisis counseling

ADVENTURES

This program is for children 5-18 who are working on improving their social skills and ability to engage positively in social settings. Our activity based approach allows our clients to practice skills such as social problem-solving and communication skills in real-life scenarios in the community.



One in ten children 'lack the social skills they need to benefit from education'⁴

44
youth

received
222 hours of support
in the Adventures Program

MENTORING

The Make-a-Difference Mentoring Program pairs adult male volunteers with junior high and high school aged boys with the goal of mentoring them in various facets including overall well-being, familial stressors, peer relationships, and career opportunities.



disadvantaged students who had an adult mentor nearly doubled their odds of attending college⁵

12 youth

received
60 hours
of mentoring support

STUDY BUDDIES

One of the agencies most popular programs, Study Buddies, offers academic support by helping children in grades 1-8 with their homework during the school year. Dinner is also provided by several generous volunteer groups in the community.



“afterschool programs can increase engagement in learning by providing middle school students with opportunities to meet needs that schools often can’t, e.g., personal attention from adults, a positive peer group, and activities that hold their interest and build their self-esteem⁶”

75 youth **received 77 hours** of academic support

BOYS AND GIRLS CLUBS

We provide clubs for neighborhoods that consist of many young families and children who may not have access to after-school programs. The groups offer structured activities that promote social and emotional learning in a safe environment. Groups are currently being provided in the communities of Sunset Village, Michael Todd, Greenwood, and Salem Walk.



on school days, the hours between 3 pm and 6 pm are the peak hours for juvenile crime and experimentation with drugs, alcohol and other at-risk behaviors⁷

126
youth

received
355 **hours of support**
in after-school programs

WHAT OUR CLIENTS HAVE TO SAY

Makes it all worth it.

“Through the development of different programs and the relationship with our school district, Youth Services provides both students and parents with a social-emotional support system to encourage mental health. Students love participating in the various programs and feel a great sense of belonging.”

-West Northfield Township Administrator

“Without a place like Youth Services, I truly can say we would not be where we are today, and the future would not be something that my son looks forward to, the present would not be something that he engages in, and the past would not be the past.”

-Parent of agency client

“The generosity of the donors allows for Youth Services to provide fantastic services, wonderful staff and a safe environment to everyone in need.”

-Community member

“Youth Services has been instrumental in restoring our daughter and our family to emotional stability.”

-Parent of agency client

“When our world felt like it was falling apart Youth Services was there to help us not only keep it together but make it better.”

-Parent of agency client

“I truly can’t thank Youth Services enough for the happy, loving family life we’ve rediscovered.”

-Parent of agency client

“Youth Services continues to be a wonderful and meaningful resource for our students, parents and staff. Glenbrook South is fortunate to continually benefit from the communication, collaboration and expertise of the staff at Youth Services.”

-Asst Principle—Glenbrook South High School

VOLUNTEERS WHO SHINE

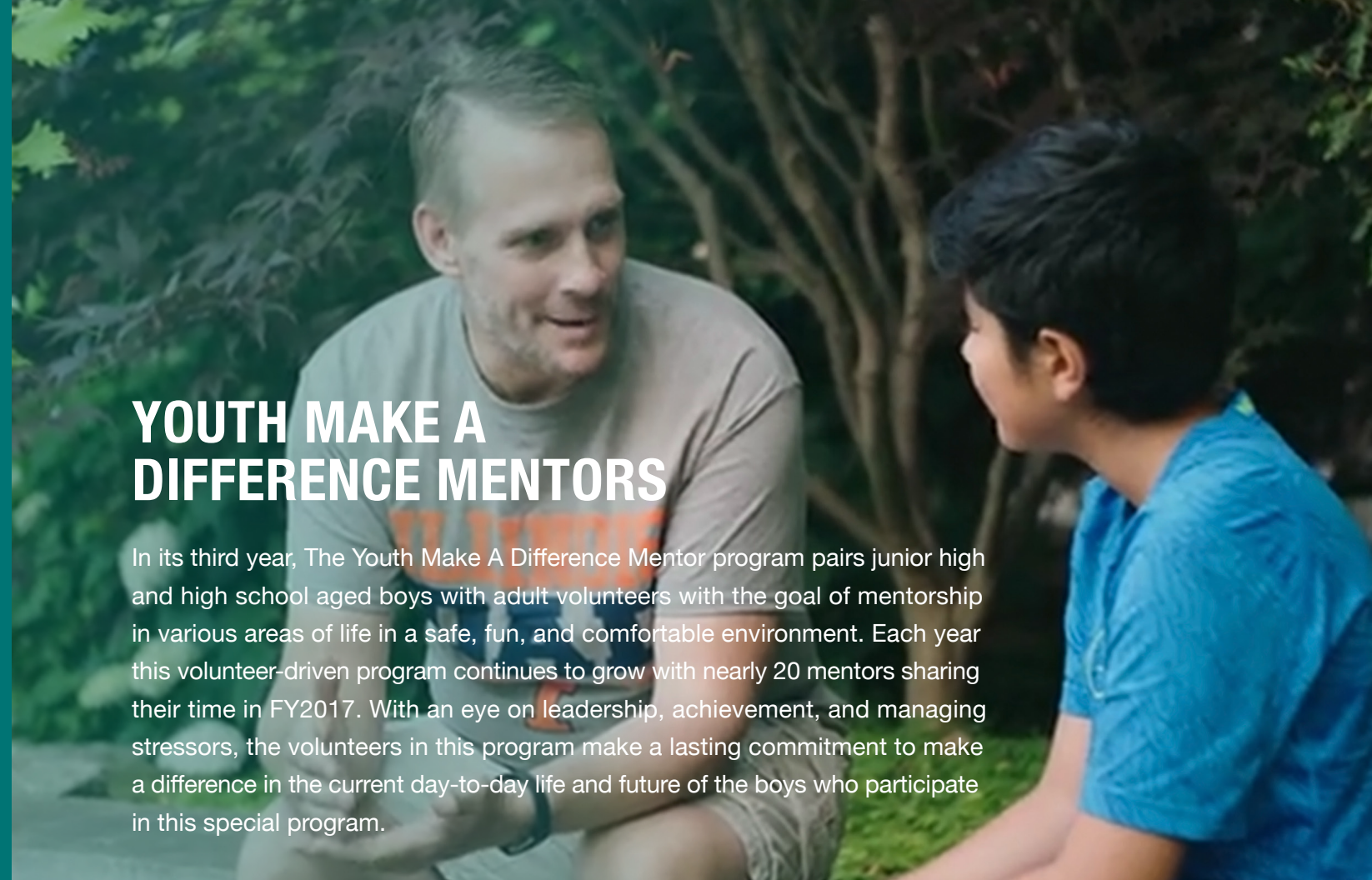
Our volunteers are among the most compassionate and dedicated. With a tireless focus on making a difference, they have helped build this organization from an after-school program in the 70's to becoming the center of mental health services for youth in the northern suburbs of Chicago.





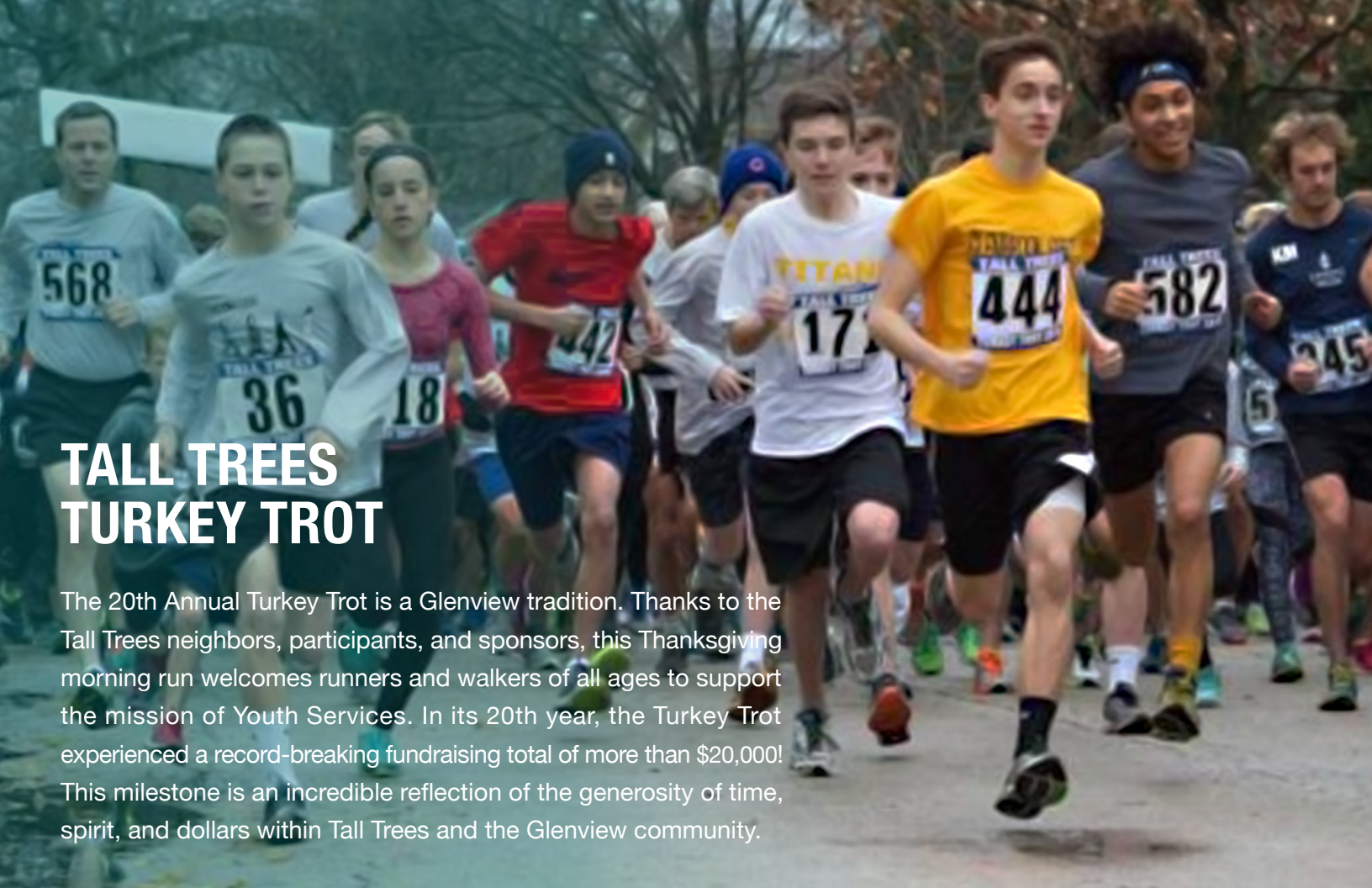
LISA ANASTASIA & NANCY DOWDLE

Lisa and Nancy have chaired the Spring Benefit for more than ten years. At critical times in this organization's history, they each continue to step in wherever they recognize a need. Whether securing the necessary funding to build our facility or underwriting large portions of our events to make us shine, they have been an integral part of the backbone of Youth Services. Lisa and Nancy continue to give generously of their time and treasure — and have swooped in to save the day time and time again with tireless dedication and unending enthusiasm for our mission. In April 2017, they were given the *Shining Star Award* at a record-breaking Spring Benefit, which raised \$190,000.



YOUTH MAKE A DIFFERENCE MENTORS

In its third year, The Youth Make A Difference Mentor program pairs junior high and high school aged boys with adult volunteers with the goal of mentorship in various areas of life in a safe, fun, and comfortable environment. Each year this volunteer-driven program continues to grow with nearly 20 mentors sharing their time in FY2017. With an eye on leadership, achievement, and managing stressors, the volunteers in this program make a lasting commitment to make a difference in the current day-to-day life and future of the boys who participate in this special program.



TALL TREES TURKEY TROT

The 20th Annual Turkey Trot is a Glenview tradition. Thanks to the Tall Trees neighbors, participants, and sponsors, this Thanksgiving morning run welcomes runners and walkers of all ages to support the mission of Youth Services. In its 20th year, the Turkey Trot experienced a record-breaking fundraising total of more than \$20,000! This milestone is an incredible reflection of the generosity of time, spirit, and dollars within Tall Trees and the Glenview community.

PPM AMERICA JEANS DAY

The employees of PPM America came together to support Youth Services in a big way! Jeans Days are a common fundraising tool for corporate offices. Not many are able to make a contribution like the passionate and generous employees of PPM America. Thanks for generous corporate matches and executive challenges, Youth Services received more than \$60,000 from this fun campaign where employees made a contribution in order to wear jeans on Fridays during a special month. It was a win/win for the employees, the children and youth served by Youth Services.



AT A GLANCE



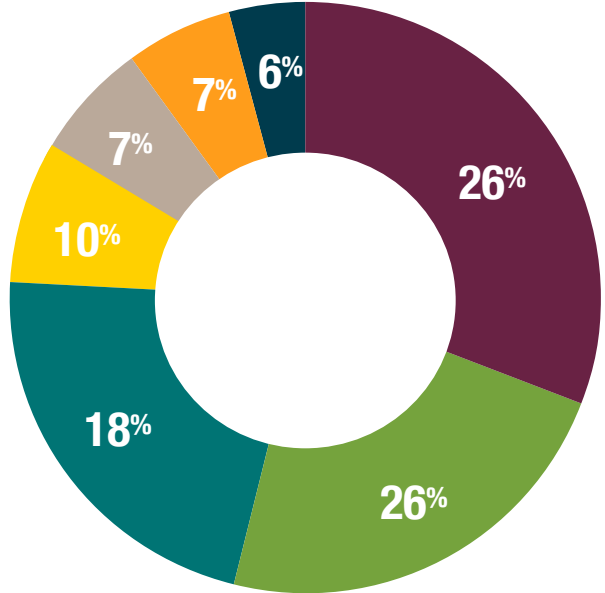
WE HAVE JUST ONE GOAL

To foster the social and emotional well-being of children and youth.



Revenue

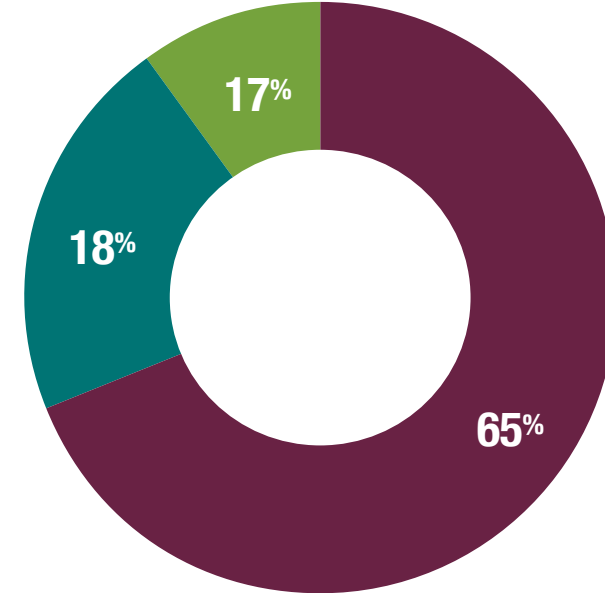
\$1,562,468



- Fee Income
- Special Events
- Government
- Corporate Donations
- Donated Goods & Services
- Individual Donations
- Non-profit Donations

Expense

\$1,510,700



- Program Services
- Fundraising
- Management & General

These are preliminary financials for the year July 1, 2016 - June 30, 2017.

No place I'd rather be.



45 YS In Action
years of service to children and families

2017



We couldn't do it without you.

Together, we make it all possible.



A year full of smiles.

2016

724 Donors
our generous contributors



1,000+ You
our dedicated volunteers

OUR HISTORY

The agency was founded in 1972 in Glenview and in 1974 in Northbrook as the community's response to the needs of children. Because both agencies shared the same mission, they merged in 1992. Today, Youth Services is the place to turn to for mental health services for children and adolescents in Chicago's northern suburbs. Moving forward, we are dedicated to growing with the ever-evolving needs of today's youth including the increase in demand for crisis intervention services within area schools, stressors experienced by the LGBTQ+ community, and education related to sexuality and gender identity.



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*denotes part-time

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THANK YOU TO OUR DONORS

We greatly appreciate each gift given in support of Youth Services, and we have made every effort to ensure the accuracy of this listing.

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