



## Agency Philosophy

- All children's problems are big - no problem is small to a child.
- We are here to meet the needs of the community, therefore, we are committed to flexible programming.
- We are actively involved in the community in order to serve it well (we participate in a number of local organizations and sit on several community task forces).
- It takes a whole community to raise a child. We use many volunteers and are committed to cooperative programming with other organizations that serve the community.

## Agency Goals

We strive to help youngsters realize:

- They make choices that impact the quality of their lives.
- They cannot always control what happens to them but they can control how they react to the problems they face.

We achieve these goals by teaching social, problem solving and decision making skills; and through building self-esteem. By teaching social skills needed to fit in, and by creating a warm and friendly environment in which young people can belong and make friends, we give them skills that will serve them well throughout their lives.



*Benefiting kids, families and our community.*

3100 West Lake Avenue  
Glenview, IL 60026

Phone: 847-724-2620  
Fax: 847-724-3499

# Support for Families Dealing with Bipolar Disorder

Sponsored by:

The  
Jean Paul Ohadi  
Foundation

For information  
and/or registration  
for these groups  
please call:



847/724-2620

## Support Groups for Parents with Bipolar Children

Parenting under the best of circumstances can be a challenging job. Being a parent of a bipolar child makes parenting much more difficult. Parents tell



us they feel alone, stressed, frightened, and misunderstood. Parents often feel they have no one to talk to who will understand. They worry about their bipolar child as well as their other children. They face difficult decisions regarding their children's education, treatment and future. Often they have many questions and don't know where to go for answers.

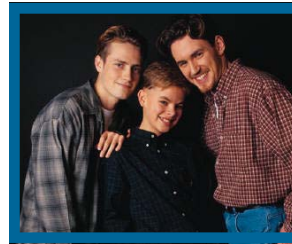
Through these support groups parents have the opportunity to meet with other parents dealing with similar

issues. The group allows parents to speak freely, ask questions, share experiences and get valuable information that will help them in raising their children and planning for their future.

Groups meet for eight sessions from 6:30 until 8 p.m. at Youth Services. Parents are encouraged to bring their children. Dinner and childcare are provided on site.

## Siblings Groups

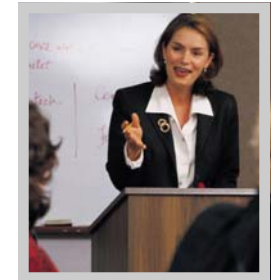
Siblings of bipolar children have a lot to deal with. While they love their brothers and sisters, they don't always like or understand them. And they don't understand why mom and dad seem to treat them differently.



These feelings of love and anger can be confusing and frightening—sometimes shameful to them. Youth Services offers groups for siblings of bipolar children so that they can talk about their feelings, share experiences with others, and gain some understanding of the disorder their brothers/sisters have.

Groups meet for six sessions from 6:30 until 8 p.m. at Youth Services. Dinner is provided.

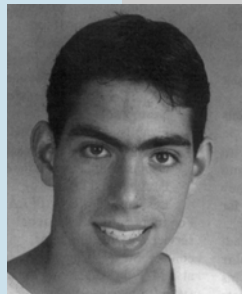
## Educational Seminars for Parents of Bipolar Children



Three times a year Youth Services holds a seminar for parents of bipolar children. These seminars deal with specific issues relating to bipolar disorder. Past Seminars have dealt with: School Law, Medications, and Diagnosing Bipolar Disorder. Topics are selected based on common concerns of parents who have attended the bipolar groups. These seminars allow parents the opportunity to speak with an expert in the field and get answers to many of their questions and concerns.

Dinner and childcare are provided.

## *The Jean Paul Ohadi Foundation*



The Jean Paul Ohadi Foundation was established in 1998 to honor Jean Paul Ohadi, a young man who suffered from bipolar disorder and was diagnosed after many years of related problems. Sadly, he died when he was only 19 years old.

A primary mission of the Ohadi Foundation is to assist efforts and create new opportunities to help in the diagnosis and treatment of youth with bipolar disorders, and to further the dissemination of information among mental health professionals, educators, families and caregivers of those with bipolar disorder.